

UNWIND
RELAX
ENJOY

Zeller
GARDEN
SPA ★★★★★

SPA MENU

OUR PHILOSOPHY

Zeller GardenSPA

A SPA created by nature:

Respectful - honest - pure - consistent - sustainable
and full of attentiveness.

The Zeller GardenSPA enables you to
experience the power of nature in a new way
- up close, respectful and profound.

The rooms offer you a view of the outdoors,
the lovingly landscaped garden gives you peace and
a sense of freedom for an inner blossoming.

Stabilize yourself at your inner personal power
place and awaken new energies for a positive body
feeling and mental well-being.

OUR FOUR IMPACT AREAS

Zeller GardenSPA

Our spa treatments have been developed in four experience
and impact areas. We can, as a result, respond to all your
needs and desires. Submit to your needs and desires for:

NATURAL POWER & REST



Rediscover your natural source of
power through rest.

RENEWAL & ENERGY



Like being born again, build up and
experience - discover.

ROOTING & GROUNDING



Gain a firm and solid and confident body sensation
rooted in nature.

BLOSSOMING & BEAUTY



Let the inner joy of life and beauty
bloom.

FACIALS



INDIVIDUAL BEAUTY -

Essence GardenSPA FACIAL TREATMENT

Give your skin exactly what it needs. Everyone is different - and every skin, too. After a thorough cleansing and a refreshing exfoliation your skin will feel really cared for. Highly concentrated active agent serums, an effective touch massage and a special mask will care for your skin optimally. For visibly well-groomed skin.

There are three intensity levels in this beauty ritual:

25 minutes application time includes:

Skin diagnosis, cleansing, peeling, short face and neck massage and daytime care.

50 minutes application time includes:

Skin diagnosis, cleansing, peeling, active agent serum, deep cleansing or short face and neck massage, face mask and daytime care.

80 minutes application time additionally includes:

Deep cleansing, intensive massage of face, neck and décolletage, special mask, special intensive care for the eye area.

Select the duration for your treatment:

25 Min | 49,-€

50Min | 92,-€

80Min | 135,-€



ENERGY-EFFICIENT RADIATION -

LIFTING FACIAL TREATMENT WITH BABOR

A new generation of intensive deep care with a wonderful combination of active ingredients - comprehensive care for any kind of wrinkles. Highly concentrated active ingredients work deep into your skin for an immaculate beauty. Facial wrinkles are visibly softened. Your skin feels firmer and tauter and your facial contours will receive a more defined look. For a radiant and beautiful appearance.

50 Min | 92,-€



BLOSSOMING FASCINATION -

FIRMING FACIAL TREATMENT WITH BABOR

For a visibly improved skin with a softer touch. A comprehensive treatment for all kinds of wrinkles. This treatment is a synergy of active beauty care and effective full massage. This will leave your skin more elastic, firmer and smoother.

80 Min | 135,-€



FLOWING LIGHTNESS - LYMPHATIC DRAINAGE FACIAL

The special and very gentle massage technique dissolves congestion in the lymphatic system. A deeply relaxing, calming feeling and recovery of the autonomic nervous system are soothing additional effects. Strengthen your immune system and improve your vitality.

25 Min | 49,-€

COSMETIC TREATMENTS TO ADD ON

Integrate these packages into the ones listed above, except "Flowing Lightness - Lymphatic Drainage Facial":

FASCINATING APPEARANCE - Sensational Eyes Treatment

Cleansing, active ingredient concentrate, eye fluid, eye massage, finishing care. This intensive care lets your eyes shine.

15 Min | 25,-€

FAST THREAD EXTINGUISHER - Crash course with ampoules

Experience how up to 10 ampoules quench your skin's thirst.

25 Min | 49,-€

VISIBLE BEAUTY MAKER - Collagen Face

Ideal for irritated skin, lines and wrinkles - for a youthful firm skin. Feel the new tone.

25 Min | 49,-€

Pluck eyebrows* 16,-€

Dye eyebrows * 16,-€

Dye eyelashes * 25,-€

**additional time required - please specify when booking*

HAIR REMOVAL WITH WARM WAX - UPPER LIP OR CHIN

This method removes body hair temporarily.

10 Min | 16,-€

SIMPLY BEAUTIFUL - MAKE-UP FOR YOU

We will be happy to advise you on the perfect day make-up for your type of skin.

25 Min | 49,-€



FOR THE MAN



REFRESHING IMMERSION – FACIAL TREATMENT EBENHOLTZ

Forget the stress of everyday life and let loose by diving into nowhere. It refreshes spirit and body more than a dip into cool water. The first step is a thorough cleansing of the facial skin. A stimulating facial massage, an invigorating eye serum and a facial serum round off your freshness experience. Natural high tech power for HIM. For a refreshed look.

25 Min | 49,-€



ENJOY THE TRANQUILITY – FACIAL TREATMENT EBENHOLTZ

You just need to see nature and your body starts to recover. A gentle cleansing with birch leaf extract, a regenerating healing earth mask and an elixir of active ingredients soothe the facial skin to the maximum. A light day care additionally relaxes, protects the skin from environmental stress and rounds off the relaxation experience. You can see the relaxation and recovery in your face.

50 Min | 92,-€



REGAIN STRENGTH – FACIAL TREATMENT EBENHOLTZ

In a life full of happenings and new experiences, you also need sources of strength for new energy. The facial treatment with cleansing, peeling and a powerful massage is supported by the Lift Power Mask, an active ingredient ampoule and power care with oak extract. An energizing head and neck massage round off your experience. The result: a strong skin feeling and a dynamic radiance.

80 Min | 135,-€

HANDS & FEET

VISIBLY TOUCHED – MANICURE

Well-groomed hands belong to the natural comfort of general well-being. Treat your hands to our pampering programme.

The manicure is available in three intensity levels:

25 minutes Express manicure:

Shaping the nails, cuticle correction

50 minutes Classic manicure:

Additionally, extensive cleaning of the nails, skin care through a short massage

SOFT FEELING – PEDICURE

Even your feet deserve a break. We clean and care for them gently making them fully relaxed and looked after.

The pedicure is available in three intensity levels:

25 minutes Express Pedicure:

Shaping of the nails, removal of the cornea

50 minutes Classic Pedicure:

In addition, foot bath, extensive cleaning of the nails, skin care through a short massage

Choose the duration for your manicure or pedicure:

25 Min | 49,-€

50 Min | 92,-€

LUMINOUS LOOK – Colour your nails

Choose your favourite colour!

15 Min | 25,-€

WELLNESS TREATMENTS

A TRUE DELIGHT – *Zeller Garden* SPA BODY PEELING

A peeling also means letting loose and letting go - it produces natural energies in a soothing way. You will feel fresh, soft and tender new.

25 Min | 52,-€

The cleansing effect of a peeling is the ideal preparation for a subsequent massage or body pack. The pores will open so that the active ingredients can unfold and revitalise the skin. Decide either for a whey peeling or a salt peeling.

CARING EXPERIENCE – *Zeller Garden* SPA BODY PACK

Body packs are especially invigorating and healthy. You can improve the appearance of your skin, loosen tension and harmonise the body's energy flow as there is a direct link between the skin and the nerve tracks. Soothing care for a revitalised body.

25 Min | 49,-€

MASSAGES

FOR ME ALONE – *Zeller Garden* SPA MASSAGE

A massage tailored entirely to your needs. The focus is on increasing your well-being and relaxing your muscles. With the help of our tailor-made massage techniques, we can set the time, intensity and focus of the treatment as per your requirement and wish.

Partial body massage 25 Min | 49,-€

Full body massage 50 Min | 92,-€

80 Min | 135,-€

MASSAGES FOR SPECIAL MOMENTS



LIBERATING RELIEF – HEAD, BACK AND NECK MASSAGE

An ideal combination in which your back, shoulder and neck muscles are loosened with special grip techniques. The subsequent head massage will assist you to switch off quickly from your daily tasks and calm your mind. You will feel relaxed, totally free and at ease.

50 Min | 92,-€



TOUCHING FEELINGS – SCENTED CANDLE MASSAGE

The warm oil of the massage candle and its pleasant fragrance form the basis for this relaxing massage. You are free to choose your personal fragrance. This massage will loosen the muscle tensions and calm your mind. This special wax for body care will give your skin a velvety feeling. A pampering time with shining moments.

50 Min | 92,-€



CONVINCINGLY CLEAR – DETOX-MASSAGE

A balanced combination of deep, purifying and intensive massage movements gives your body a strong radiance. Gentle cupping techniques with massage cups improves the blood circulation, active ingredients extracts provide the skin with elasticity and firmness and detoxifies your body.

50 Min | 92,-€



NATURAL ROOTS – FOOT REFLEXOLOGY MASSAGE

This will give you a boost. With targeted grips on your foot reflex zones, this pressure point massage has an effect on the entire body. The blood circulation of the foot muscles will improve, the lymph flow in the legs is stimulated and tense muscles are relaxed. This will give you a wonderful energy balance.

25 Min | 52,-€

50 Min | 96,-€



ACTIVE NATURAL ENERGY – SPORTS AND FASCIA MASSAGE

A dual treatment that goes powerfully 'under the skin'. Muscles tensed-up from sport are loosened by invigorating massage grips. The subsequent fascia treatment releases tension in the muscle binding tissues. Your overall mobility and well-being will improve, giving you better performance and a deep feeling of muscle and body relaxation.

50 Min | 96,-€



COSY AND COMFORTING WARMTH – HOT STONE MASSAGE

This deep relaxing massage stimulates the energy centres of the body with pleasantly warm stones in combination with warm herbal oils. Enjoy the deep warmth of this soothing massage, which literally gets under the skin and stimulates the whole body. Energy blocks are broken up by the targeted application of the warm power stones to your energy channels. You will experience a sense of strength, comfort and new energy in your body and soul.

50 Min | 96,-€



ENJOY NATURALNESS – HONEY MASSAGE

A balancing massage with honey and ginger. The positive properties of honey have a soothing and relaxing effect: the reflex zones, metabolism and blood circulation are stimulated. Finally, the warmth of the beeswax pack soaks into your body for a deep feeling throughout.

50 Min | 96,-€



IN HARMONY – HEAD, NECK, CLEAVAGE AND FOOT MASSAGE

A massage that lets you relax and escape from everyday life. In this combination while the tight neck muscles are stretched the chest muscles are relaxed. The head is massaged with warm oil and comforting grips. Feel free and breathe deeply. In the end the foot muscles are activated, lymphatic flow is gently stimulated, and tension is relieved.

50 Min | 96,-€



PURE RELAXATION – LOMI LOMI MASSAGE

The queen of massages. With this holistic massage any tension in the body is released through purposeful strokes and movements. By making your muscles fully relax, it will bring your body and soul into harmony.

80 Min | 149,-€

DAY SPA PACKAGES

Zeller GardenSPA

For us, the importance of nature, the meaning of the garden and their role in the quality of the stay of our guests is something very close to our heart. To transfer this quality further to our SPA is part of our SPA concept. There are three saunas, one indoor and outdoor pool, the gym, various rooms to chill out and two treatment rooms for beauty and massage treatments.

Almost all of these rooms at the *Zeller* GardenSPA have a clear garden view and direct access to the lovingly created 2,200 sqm garden. The garden offers the guests the possibility to be outdoors in the midst of nature and enjoy the tranquillity. The predominantly native trees and shrubs provide a soothing shade on sunny days. The garden is thus a natural extension of the recreational area and provide space to find inner peace and repose. The ideal place to unwind and forget the rest.



TIMEOUT

IN THE *Zeller* GardenSPA

New energy for the body and mind. A tailor-made massage makes your muscles supple and relaxed again. The accompanying visit to our sauna and pool area supports your muscular system during its recovery. Body and spirit can now catch a breath of fresh air.

- **25-minute *Zeller* GardenSPA partial body massage**
- **50-minute treatment as desired à 92,-€**
- **DAY SPA entrance all day from 10:00 h to 22:00 h**
- **Bathrobe, towels, slippers, tea and water station, snacks during stay**
- **SPA Lunch**

192,-€ per person



YOUR TIME TO INDULGE

IN THE *Zeller* GardenSPA

Spend some time together. Whether a facial or a relaxing massage - you have the choice and can decide on the spot. Nestled in nature, our sauna and pool area will give you the space for a general recovery and care.

- **50-minute treatment as desired à 92,-€**
- **DAY SPA entrance all day from 10:00 h to 22:00 h**
- **Bathrobe, towels, slippers, tea and water station, snacks during stay**
- **SPA Lunch**

154,-€ per person

IMPORTANT INFORMATION



BLOSSOMING MORNING IN THE *Eseller* GardenSPA

Enjoy the tranquility in the morning and give your inner and outer beauty new strength. Let the treatment, which is tailored to your needs, inspire you into the day. Wrapped up in your bathrobe, with a view of the garden, this will put a smile on your face and your soul.

- **50-minute treatment as desired à 92,-€**
- **Early bird entry from 10:00 h to 14:00 h**
- **Bathrobe, towels, slippers, tea and water station, snacks during stay**
- **SPA Lunch**

136,-€ per person



AFTER-WORK CHILL OUT IN THE *Eseller* GardenSPA

The right place for a meeting with friends, to enjoy the time together in each other's company.

- **25-minute treatment as desired à 49,-€**
- **Bathrobe, towels, slippers, tea and water station, snacks during stay**
- **Entry from 17:00 h to 22:00 h**

84,-€ per person

TIME AFTER-WORK IN THE *Eseller* GardenSPA

Take a break from everyday life, in a special place of energy. Enjoy with all your senses a whole evening long our sauna and pool area. Find a new favourite spot where it is greener - our *Eseller* GardenSPA.

- **Bathrobe, towels, slippers, tea and water station, fruit during stay**
 - **Entry from 17:00 h to 22:00 hm**
- 39,-€ per person - Bookable with free capacity by telephone reservation**

BOOKING

We recommend that you book treatments with us by telephone so that we can advise you personally and respond to your wishes more individually. You can reach us on **+49 (0) 6188 918 - 181**. For external reservations please confirm by credit card to guarantee your appointment.

RELAXATION FOR TWO

Find out about our treatments for two that you can enjoy in our special cabin for two. Please state this when you are booking so that we can reserve this for you.

TREATMENT TIMES

Please arrive a few minutes in advance to enjoy a cup of tea so that you can begin your treatment calmly and quietly. The treatment times given here include the welcome and farewell by our staff as well as time to relax. If you are late, we may have to shorten your treatment time.

CLOTHING

You will receive a bathrobe, slippers and towels. If you would like to use our fitness facilities, trainers and sportswear are required. Out of respect for the other guests we would like to ask you to wear swimwear in the pool area. In the saunas, however, the norm is not to wear clothes.

OTHER...

Please talk quietly and reservedly in all areas out of consideration for the other guests. We reserve the right to remove the towels covering loungers in order to make room for incoming guests. Bringing drinks and snacks to the *Eseller* GardenSPA is not permitted. For safety reasons, we serve drinks in reusable plastic cups. Please note the general smoking ban in the entire spa area. Please refrain from using mobile phones, laptops, cameras. Management reserves the right to deny access to guests whose behaviour disturbs or endangers other guests.

CHILDREN

Children are welcome in the pool area, but children under 16 years of age are only allowed when accompanied by an adult. Please be considerate of other guests and do not leave your children unattended. Please note that balls or other play items are not allowed. We are happy to welcome babies with swimming nappies in the pool area. Children under the age of 16 are not allowed in the sauna area. Parents are liable for their children.

CANCELLATION

Please let us know in good time if you are unable to keep the appointment. Free cancellation is only possible with at least 24 hours' notice. After that we have to charge the full amount of the treatment price.

APPOINTMENTS

If you have not made any fixed appointments with us for the booked treatments, we will schedule your treatment within the time frame of your stay (on the day of arrival from 15hrs. / on the day of departure until 12 noon). If you are arriving after 15:00 please inform us by telephone.

VALUABLES

We recommend that you lock your valuables in your hotel room safe or locker. We don't accept any liability for the loss of wardrobe items or any valuables.

HOURS

Swimming pool	06:00 - 22:00
Gym	06:00 - 22:00
Sauna	16:00 - 22:00 (Mon - Fri) 10:00 - 22:00 (Sat + Sun)

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Zeller - Hotel & Restaurant -

Zeller GardenSPA

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